



# ADULT VACCINATIONS:

**RESIDENTS OF LONG-TERM CARE FACILITIES SHOULD RECEIVE ALL ROUTINE IMMUNIZATIONS AS APPROPRIATE FOR THEIR AGE AND RISK STATUS.**

- Shingles (Herpes Zoster) - in those 60+
- Pneumococcal - in those 65+
- Influenza - annually
- Pertussis - 1 booster dose in adulthood
- Tetanus Diphtheria - every 10 years

## **COMMUNICATE, INFORM, & EDUCATE**

Educating and informing residents about the importance of vaccinations is an integral part of wellness teaching. This can be done upon admission and readmission to your facility.

## **IMMUNIZATION FACTS:**

- Multiple injections do **NOT** overwhelm the immune system
- Vaccines do **NOT** contain harmful traces of preservatives or residual products
- Vaccines do **NOT** contain harmful traces of additives or adjuvants
- Vaccines do **NOT** weaken the immune system
- Vaccines **ARE** safe. Vaccines are among the safest tools of modern medicine.

*If you have any questions about adult vaccinations please contact your MediSystem Pharmacist.*

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Pharmacy

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[cdc.gov/vaccines/schedules/hcp/adult.html](https://www.cdc.gov/vaccines/schedules/hcp/adult.html)

[healthycanadians.gc.ca/healthy-living-vie-saine/immunization-immunisation/adults-adultes/index-eng.php](https://www.healthycanadians.gc.ca/healthy-living-vie-saine/immunization-immunisation/adults-adultes/index-eng.php)

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